



## Welcome to SNaX – Students for Nutrition and eXercise.

SNaX is a school-based program that promotes healthy eating and physical activity among middle school students. Use the navigation bar above to learn more about the SNaX Program and the evidence base for SNaX. Access to the entire SNaX curriculum is limited to SNaX administrators, teachers, food services staff, and other school staff, and requires registration.

**Click here** to register and log in.

### Teacher Login

LOG IN

New to SNaX? [Lost your password?](#)  
[Register here.](#)