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# ASPIRE

ASPIRE

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A Smoking Prevention Interactive Experience (ASPIRE) is a free, bilingual, online curriculum, fully aligned with National Education Standards, as well as with 21<sup>st</sup> Century Skills, that helps middle and high school teens learn to be tobacco free while explaining the dangers of tobacco and nicotine use.

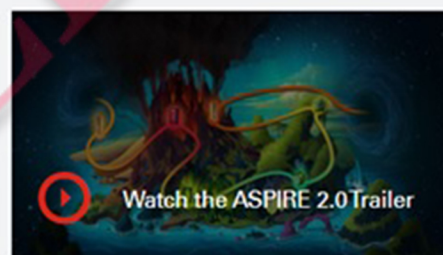
The program is evidence-based and tackles the full range of traditional and emerging products such as e-cigs, hookah, JUUL and synthetic marijuana. Assessments are imbedded and gauge users' knowledge before and after exposure to the curriculum.

- Students can earn a certificate of completion upon finishing the program. Click on "Student Log In" to begin.
- Teachers/Administrators can see students' progress by logging in to the Admin site.
- Healthcare providers can refer teen patients to this engaging tobacco/nicotine resource.
- Anyone can see what ASPIRE offers to fit their needs by clicking on "ASPIRE Select."
- User support is provided.

Access the new ASPIRE 2.0 and begin your journey to a healthy, tobacco-free future.

### COVID-19 Update

Tobacco use may increase the risk of serious symptoms of the COVID-19 illness. The ASPIRE team is working remotely to make sure that our curriculum is available for your students as one of the best resources for distance learning. In these tough times, we are happy to serve and deliver content online to adolescents. We are available by phone and email to address your needs. Bring tobacco prevention education to your classroom. Make a difference.

[Watch the ASPIRE 2.0 Trailer](#)

## Contact Us

Phone: 713-745-6252

Email the ASPIRE team