



# MCGP Independent Rater - Treatment Integrity Coding Form

Group # \_\_\_\_\_ Session# \_\_\_\_\_ Rater \_\_\_\_\_ Date \_\_\_\_\_

## Meaning Content

Please rate whether the following items were covered during the group: 0= No 1= Yes

Reviewed meaning theme from previous session and/or checked in about thoughts, feelings, or life events since last session associated with theme. 0 1

Introduced the week's meaning-related session theme or topics. 0 1

Therapist conducted psychoeducation about meaning session topic. 0 1

Therapist facilitated the meaning group experiential exercise. 0 1

Homework: Discussion of last week's homework, check in on legacy project or assignment of new homework. 0 1

## Meaning Process

Please rate how much the group leaders focused on, emphasized, or comprehensively covered the following items using these ratings: 0= Not at all 1= Somewhat 2= A great deal

Highlighted application of Meaning-Centered Psychotherapy basic principles: 0 1 2

Meaning in life never ceases; Will to meaning; Motivation to find meaning; Freedom of will & choice: Meaning in a historical context: Inevitability of suffering.

Facilitated discussion of patients' sources of meaning: 0 1 2

Past & present meaningful experiences, What is most meaningful to you, Engagement in personally meaningful activities.

Facilitated discussion of week's meaning-related session theme. 0 1 2

Encouraged sharing of and explored the meaning group experiential exercise. 0 1 2

Maintained or redirected to discussions to meaning. 0 1 2

## Overall Rating

Please rate overall how much the following were covered during the group:

Therapists created a general atmosphere that focused on the enhancement of meaning and purpose in patients' lives and the importance of meaning as a way to reduce personal suffering.

0 1 2 3 4  
Not at All Somewhat A Great Deal