

TREATMENT ADHERENCE CODING MANUAL

FOR:

MEANING-CENTERED GROUP PSYCHOTHERAPY

**MEMORIAL SLOAN-KETTERING CANCER CENTER
DEPARTMENT OF PSYCHIATRY & BEHAVIORAL SCIENCES**



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MEANING-CENTERED GROUP PSYCHOTHERAPY TREATMENT ADHERENCE CODING FORM

MCGP INTERVENTIONIST SELF RATING INSTRUCTIONS

You will be rating each Meaning-Centered Group Psychotherapy session to evaluate that each session was delivered as prescribed by the manual for treatment adherence purposes. We ask that you rate each session in regard to both the *content* and *process* domain areas. The following rater guideline section will help you to identify and rate each domain in terms of a “**Yes/No**” content rating scale and a ‘**0 to 3**’ process rating scale.

RATER GUIDELINES:

Content Domains: Please rate content areas on a “Yes/No” basis.

- “**0/No**” - You should code “**0/No**” if there was absolutely *no mention* of the identified topic/theme in the session.
- “**1/Yes**” - You should code “**1/Yes**” if the topic/theme was identified and discussed in the session, irrespective of the length or breadth of the specific topic discussion.

Process Domains: Please rate process domains on a 0-3 basis.

- “**0/Not at all**” – You should code “**0/Not at all**” if this process area was not covered at all, and there was no member engagement/participation (0 participation).
- “**1/Poor**” – You should code “**1/Poor**” if this process area was *scantly/vaguely* covered, with very little group engagement/participation (<1/3 participated).
- “**2/Satisfactory**” – You should code “**2/Satisfactory**” if this process area was *adequately* covered, with a majority of group engagement/participation (>1/2 participated).
- “**3/Comprehensive**” – You should code “**3/Comprehensive**” if this process area was *thoroughly* covered, with [nearly] the entire group engaging/participating in discussion. This process area was clearly defined, addressed and worked through.



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SESSION ONE:

Please rate the following content and process domains on the scales provided:

0 = No

1 = Yes

CONTENT ITEMS:

RATINGS:

- | | |
|--|-------------------|
| 1.) Introductions: Co-facilitators & group members | -----0-----1----- |
| 2.) Intervention Overview (e.g., treatment goals, logistics) | -----0-----1----- |
| 3.) Overview of seven sessions (session handout) | -----0-----1----- |
| 4.) Introduction to Franks' work (book & video) | -----0-----1----- |
| 5.) Introduction to Sources of Meaning (source handout) | -----0-----1----- |
| 6.) Patients' Cancer Stories | -----0-----1----- |
| 7.) Patient's Definitions of Meaning | -----0-----1----- |
| 8.) Study's Definitions of Meaning (definition handout) | -----0-----1----- |
| 9.) Experiential Exercise (Ex. #1 handout) | -----0-----1----- |
| 10.) Wrap-Up (e.g., homework & Session #2) | -----0-----1----- |

PROCESS ITEMS:

RATINGS:



**MEANING-CENTERED GROUP PSYCHOTHERAPY
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0 = Not at all

1 = Poor

2 = Satisfactory

3 = Comprehensive

- | | | | | | |
|--|-----|------|------|------|------|
| 1.) Identify & define session theme | --- | 0--- | 1--- | 2--- | 3--- |
| 3.) Encourage participation in experiential exercise | --- | 0--- | 1--- | 2--- | 3--- |
| 4.) Facilitate thematic discussion re: exercise | --- | 0--- | 1--- | 2--- | 3--- |
| 5.) Explore personal relevance of theme | --- | 0--- | 1--- | 2--- | 3--- |

SAMPLE