

IMPLEMENTATION GUIDE

Peer Navigator Breast Cancer Screening Program for Korean-American Women

*Using an Evidence-Based Program to develop
a process model for program delivery in the practice setting*

Note: Refer to “Using What Works: Adapting Evidence-based Programs to Fit Your Needs.” Review the appropriate modules and the handouts provided in each to modify and evaluate this program to meet the needs of your organization and audience.

“Using What Works” is available online at:
http://cancercontrol.cancer.gov/use_what_works/start.htm.

I. Program Administration (Type of Staffing and Functions Needed)

Peer Navigator: A mature female who is fluent in both English and Korean, possesses a valid driver’s license, has good communication skills, is interested in helping Korean-American women to navigate the health care system, and can document her activities

- Remind women before an appointment
- Explain the need for and the nature of the diagnostic follow-up exam
- Give women directions to the referral clinic and meet them there
- Help women complete forms
- Provide information and emotional support
- Educate patients on the details of the Cancer Detection Program (i.e., free of charge to enrollees, no risk of deportation)
- Reschedule appointments for follow-up tests
- Provide translation service

II. Program Delivery

For additional information on modifying program materials, refer to the appropriate Module(s) for program adaptation from “Using What Works.”

A. Program Materials (*All listed materials can be viewed and/or downloaded from the Products Page*):

- Training materials
 - *A Woman's Guide to Breast Cancer Treatment*, a 37-page printed booklet published by the California Department of Public Health that discusses breast cancer and breast cancer treatment (English and Korean versions)
 - *Cancer Facts for Women*, Korean version
[<http://www.cancer.org/acs/groups/content/@healthpromotions/documents/document/acsq-020973.pdf>]
 - *Breast Cancer: Your Guide to Breast Self-Awareness* video, a 12-minute video from the Komen Foundation describing breast self-awareness
[http://www.shopkomen.com/cart.php?m=product_detail&p=289]
- Initial Assessment and Intervention Form, Korean and English versions

B. Program Implementation

The steps used to implement this program are as follows:

Step 1: Identify clinics that provide free breast cancer screening through the Cancer Detection Program (CDP) for Korean-American women aged 40 or older.

Step 2: Train the peer navigator. Training takes place in both Korean and English over 3 half-day sessions (a total of 12 hours) and covers the following topics: breast health and cancer, focusing on prevention and early detection methods, screening abnormalities and follow-up diagnostics; pertinent key medical terms and concepts; CDP protocols and procedures; protocol and forms involved with the program; information about the medical facilities involved, including information about the study clinics and the typical referral centers; types of assistance to be offered to the women; and general etiquette and safety precautions in working with strangers. Peer navigators are given written materials and other resources from the American Cancer Society, the Komen Foundation, and the National Cancer Institute.

Step 3: Identify Korean-American women who were referred for a diagnostic follow-up appointment and who missed that follow-up appointment. Non-completion of the follow-up appointment can be determined through a telephone call to the referral clinic.

Step 4: Call women who missed their follow-up appointment within 5 days of the missed appointment to invite them to participate in the program.

Step 5: Peer navigator completes initial assessment to identify women's needs and provides individually tailored assistance.

III. Program Evaluation

For additional information on planning and adapting an evaluation, review the appropriate modules for program implementation and evaluation from "Using What Works."

http://cancercontrol.cancer.gov/use_what_works/start.htm

For further assistance in designing and conducting an evaluation, consider communicating with members from NCI's Research to Reality (R2R) community of practice who may be able to help you with your research efforts. Following is a link to start an online discussion with the R2R community of practice, after completing registration on the R2R site:

<https://researchtoReality.cancer.gov/discussions>.