Enable II- Treatment Fidelity Checklist (7-05 version)

Patient Initials & ID#: _____   Date & session#:_____   Nurse: KD EM
Rater's Initials: _____   Date of review: _____

1) Evaluation of Patient Status: **Comments:**

	Yes	No
Was Distress Thermometer reviewed?		
If no current distress, did nurse review status of previous areas of concern?		
Were key areas of concern adequately addressed?		

2) Education : (check if NA____)

	Yes	No
Adequate introduction of concept to be discussed?		
Asked if pt read material?		
Asked if homework completed?		
Adequate review of homework assignment?		

3) Care Coordination (check if NA___)

	Yes	No
Adequately Identified/responded to need for care coordination?		

4) PST: Assess if PST appropriate

	Yes	No
Was a problem (i.e., red flag or distressing issue) raised by participant?		
Did nurse assess level of distress (either it was explicitly stated by participant during conversation or distress thermometer OR the nurse asked "How distressed does this issue make you?")?		
Did the nurse assess the participant's motivation to tackle the problem with PST (either the participant explicitly voices motivation to solve problem OR the nurse asked "Is this a problem you'd like to work on with me today using PST?")?		
If participant spent time "venting" or telling a story, did nurse (1) ask if participant feels better or worse after talking and (2) ask if there is an action step participant wants to take (e.g., address with PST, referral to resource)?		

PST Adherence (check if NA___)

Very Poor 0	Poor 1	Borderline 2	Satisfactory 3	Good 4	Very Good 5

Criteria for PST	Rating #
Evaluating the Outcome Review of all current tasks Praise success Exploration of failure Review previous problem areas	
Defining the Problem Specific, feasible problem chosen Described in objective terms Problem explored, clarified	
Establishing a Realistic Goal Goal is objective Described in behavioral terms Goal is achievable Follows directly from problem statement	
Generating Solutions Prime for Brainstorming Brainstorming facilitated Solutions from patient Withhold judgment	
Implementing Decision-Making Guidelines and Choosing the Solution(s) Cue for major themes at start Consider "Pros" and "Cons" for self/others Identify themes and compare solutions Solution(s) satisfies the Goals Negative impact is limited	
Implementing the Preferred Solution(s) Specific tasks identified Realistic behavior requirements	
Process Tasks Clear demarcation of PST stages Cue and Review for Stages Summarize process at end of session Facilitate a positive problem orientation Facilitate independence in guiding PST process	
Global Rating of PST Quality	

5) Overall Communication

Communication and Interpersonal Effectiveness Facilitates communication (supportive vocalizations) Use of patient's own language and phrases Warm / Confident / Professional Tactful limiting of peripheral and unproductive discussion	(Rating as above)

6) Nurse indicates crisis intervention or deviation from protocol? Yes__ No__ (If yes, state reason):

7) Overall session rating: Satisfactory: _____ Does not meet criteria _____ (Review with nurse) Session can be "satisfactory" if deviation from protocol was due to a crisis or specific care coordination need of the patient.