

What about electronic cigarettes for tobacco cessation?

- Electronic cigarettes have not been shown to be safe or more effective than NRT for tobacco cessation, are not approved by the FDA for use in tobacco cessation, and are not consistent with evidence-based treatments found in the US Preventive Services Task Force Guidelines.
- Emerging research is showing that electronic cigarettes create vapor that might be harmful to a person's health and possibly the health of those around them.
- For those who use both electronic cigarettes and combustible tobacco, the clinician should recommend eliminating combustible tobacco entirely and then prescribe NRT to minimize the amount of electronic cigarette consumed.
- Additionally, the electronic cigarettes should not be smoked around children or anywhere children may be present and not in places where cigarettes themselves are prohibited.
- These electronic devices are marketed by a variety of names. Some of the common nicknames are: electronic cigarette, e-cig, vape, vaporette, vaporizer, e-cigarello, e-pipe, e-Hookah, Hookah Pens, Vape Pens...etc.

