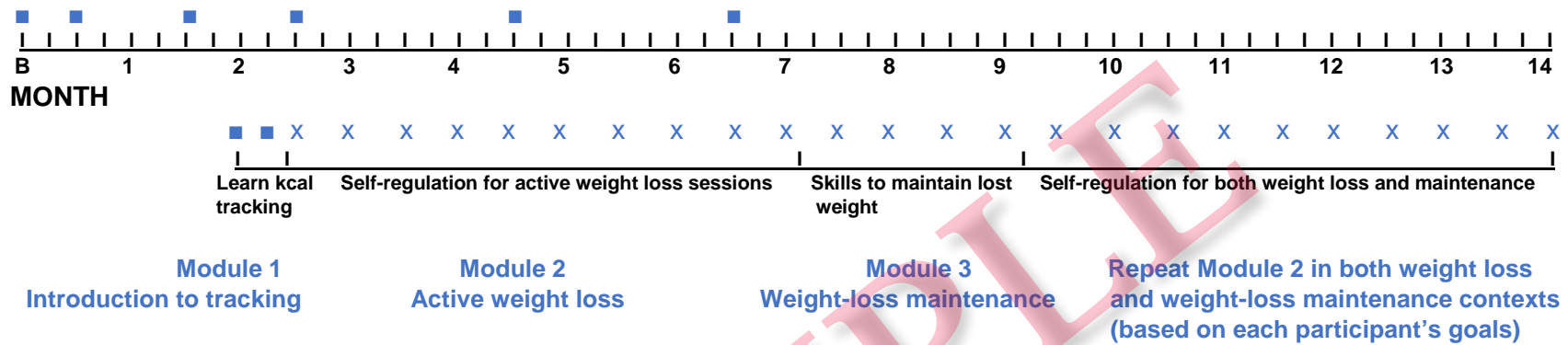


Weight Loss Treatment Timeline

The Coach Approach exercise support appointments



■ = Individual session x = group session

SAMPLE