

**Increasing Breast Screening
Among Nonadherent Women**

MedRec#
Interview Date 4/20/97
Stage RELAPSE RISK

Provider#
Last Mammogram (self-reported): Jan 97

Provider Name
Provider Office Durham Chapel Hill

Barriers
Pain/Discomfort from
mammogram

Facilltators
Precautionary measure (to
be on the safe side, make
sure things are okay)
To find out if I have breast
cancer

ADVISOR

Stages of behavior:

- Precontemplation Never had mam., not planning.
- Contemplation * Thinking about it
- Preparation Had an appointment.
- Action Has had mam in last year.
- Maintenance On schedule.
- Relapse On sched., not planning mam.
- Relapse Risk Off sched., not planning mam.
- *Doctor - Dependent On sched, depends on Dr.'s advice.

Barriers are patients' stated reasons not to have had, or to be planning not to have, a mammogram

Facilltators are patients' stated reasons to have had, or to be planning to have a mammogram.

EXAMMPLE

EXAMPLE



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