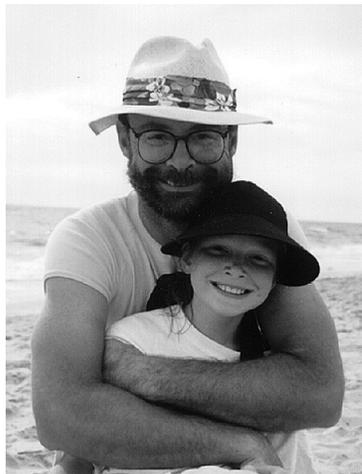


Kindergarten

- ✧ Learning Objectives
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- ✧ Suggested Lesson Plans
- ✧ Support Activities
- ✧ Additional Activities





SunSafe Project

Curriculum: Kindergarten

Learning Objectives

The students will:

1. Become aware of the sun's presence in outdoor activities.
2. Be introduced to ways of protecting themselves from too much sun.

Curriculum Overview

Class One:

- I. Introduce concept of sun in outdoor activities
 - brainstorm outdoor activities
- II. Introduce the *Slip, Slop, Slap* video
 - show *Slip, Slop, Slap* video (See Resource List.)
- III. Make "Fun in the Sun" class book emphasizing specific ways to protect oneself when in the sun.

Class Two:

- I. Review the concept of sun protection
 - discuss sunburns and how they feel
 - discuss ways to prevent sunburns
- II. Show *Slip, Slop, Slap* video again
 - discuss animals in video and how they are protected
 - discuss how the child in the video protects himself
 - discuss ABCS of sun protection
- III. Follow-up activity
 - have students make a sun protection advertisement or do another class book
- IV. Present SunSafe certificate

Suggested Lesson Plans



Class One

I. Introduce concept of sun in outdoor activities.

1. How many of you like to play outside?
2. Today we are going to make a list of all the fun activities that we like to do outside in the sun. (Using a large sheet of butcher paper draw a sun. On each ray write the children's responses. You could also do this on the blackboard.)
3. After brainstorming as many outdoor activities as possible, hand out a student book page. (Make one by writing across the top of the page "I like to _____ in the sun." Then photocopy enough so that there is one per child.) Have the students draw a picture of themselves doing one of their favorite activities on the student book page. The teacher will write each child's activity in the blank.

II. Introduce the *Slip, Slop, Slap* video

1. Now we're going to watch a video with different animals playing in the sun. Let's pay attention and see what kind of things they do to protect themselves while they're having fun in the sun. And let's think about what we can do to protect ourselves when we're in the sun.
2. Show the *Slip, Slop, Slap* video.
3. Ask students how the animals protected themselves. Can we do the same things?

III. Make "Fun in the Sun" book

- A student or the teacher can make a "Fun in the Sun" book cover page. The teacher will then assemble the book with the students' pictures.



Class Two

I. Review the concept of sun protection.

1. Read the book “Fun in the Sun” that was made the day before.
2. Ask students if anyone has ever gotten a sunburn after doing any of those activities?
3. What caused the sunburn? (being out in the sun too long)
4. What did it look like? (pink, red, blistering...)
5. How did it feel? (hot, tight, stinging...)
6. What are some ways to prevent a sunburn? (Let students brainstorm as many as they can. Write their ideas on the chalkboard.)

II. Show *Slip, Slop, Slap* video again.

1. Discuss the animals in the video and how they protect themselves from the sun. Ask students if they know of any new ideas of how people can protect themselves from a sunburn. (hats, clothing, umbrellas, trees, sunscreen...) Try to give hints to the ABCS of sun protection.

III. Choose one of the following activities to reinforce sun protection.

a) Give children a piece of white construction paper. Have them make an advertisement poster for sun protection. Have the students draw pictures of themselves playing in the sun practicing being SunSafe.

OR

b) Make a second class book. Each child will make their own page to contribute. (Make a student book page by writing “I can play it safe in the sun by _____.” across the top and then photocopying enough so that there is one per child.) The teacher will fill in the writing. The teacher or a student can make a book cover. Assemble the book and read the finished product to the class. Frequently reread the book to the class to reinforce SunSafe behavior.

IV. Present SunSafe certificate.



Class Three and on

Although we suggest two class periods to introduce sun protection, we encourage you to do a reminder activity each week until the end of the school year. Some weeks you may have time to assign one of the worksheets included in the curriculum. They may be easily included in a language or writing lesson. If there is no time to do one of the activities, the **reminder** could be as simple as asking the students on Friday what they are planning to do over the weekend, and then asking them if they remember what they should do to protect themselves from the sun.

Thank you for teaching the SunSafe curriculum and helping to reduce your students' chances of developing skin cancer.

Support Activities

Group Activities:

- It's a Sunny, Sunny World
- Silly Questions
- Animals Under Cover
- Have the children pretend they are going to the beach and ask them what they are wearing and what they are going to bring.

Music & Language Activities:

- Teach the SunSafe Song (A rhyme with motions)
- Do the SunSafe Pokey together
- Skin Activity
- Sing the Sunscreen Song

Art Activities:

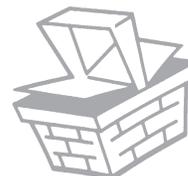
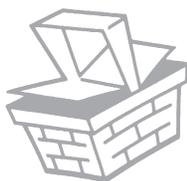
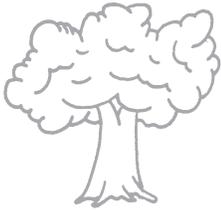
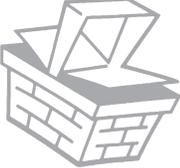
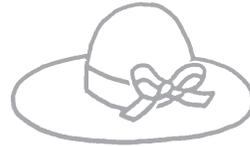
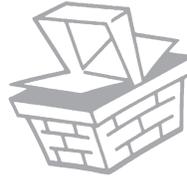
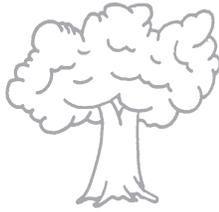
- Design-a-hat
- Design-a-T-shirt
- Sun Protectors Collage/Poster

Science Activities:

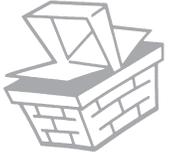
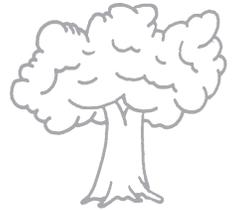
- Sun exposure
- Shadow pictures

Outdoor Activities:

- The Shade Game
- Take a look at the Additional Activities for more ideas!



Sun Safe



Knows how to be safe in the sun!

Slip on a shirt
Slop on sunscreen
Slap on a hat