



# SunSafe Project

Curriculum: Grade 2

## Learning Objectives

The students will:

1. Learn how too much sun is harmful to their skin.
2. Identify specific ways to protect themselves from too much sun.
3. Understand the importance of lifelong protection and how to maintain good habits.

## Curriculum Overview

Class One:

- I. Introduce the concept of skin and sun protection
  - discuss outdoor activities and the sun
  - discuss sunburns and how to prevent them
- II. Show *Slip, Slop, Slap* video (See Resource List.)
  - discuss different types of animals and how they protect themselves
  - discuss how the child in the video protects himself from too much sun
  - discuss harmful effects of too much sun on skin
- III. Give our parent-child home activity
  - magazine collage activity or activity of your choice

Class Two:

- I. Introduce the concept of habits
  - discuss what a habit is
  - brainstorm examples of healthy habits including sun protection
- II. Show *Cover Up* video (See Resource List.)
  - review important sun protection behaviors
- III. Review parent-child home activity
- IV. Present SunSafe certificate