

User Profile

Name:

Age: yrs Male Female

Height: ft in

US Units Actual Weight: lbs
 Metric Units Desired Weight: lbs

Body Mass Index:
Ideal Weight Range:

Diets Available For Analysis

Food Record - Friday, 01/05/07

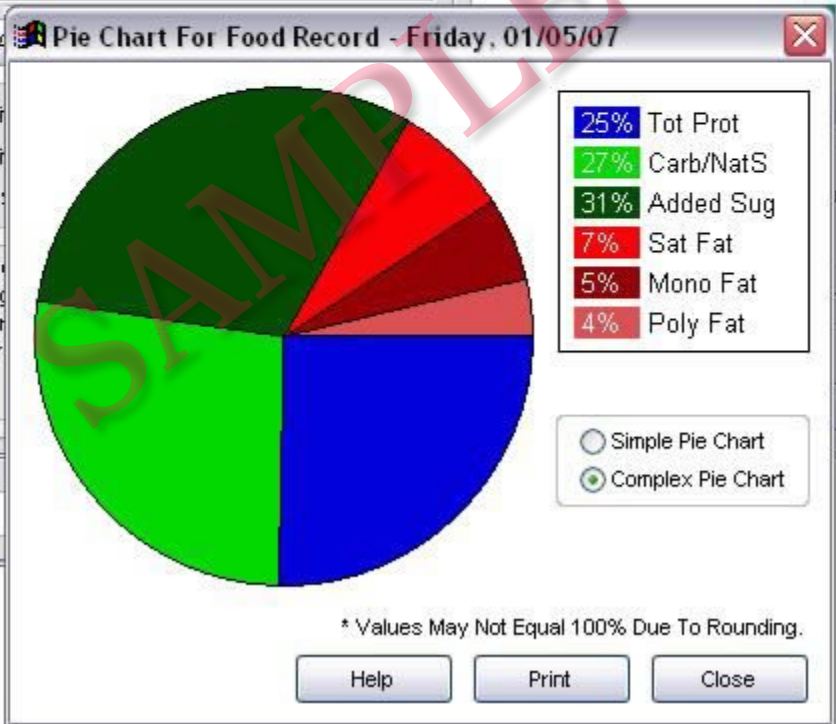
Code	Meal	Food
006352	B	PAN
008013	B	SAT
002946	B	COF
003730	B	DIE
000002	L	Qui
007744	L	ROO
000001	S	Val

ICL Base Active Active User

You have determined reach your 1597 calori

Breakfast Totals:
Lunch Totals:
Dinner Totals:
Snack Totals:
Day Totals:

Sorted By:



NE: Female 19-30
06.
new diets