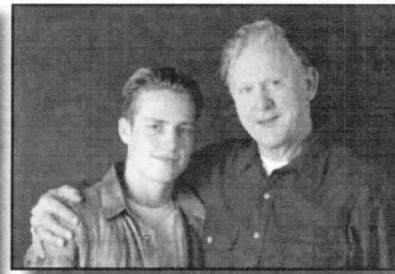
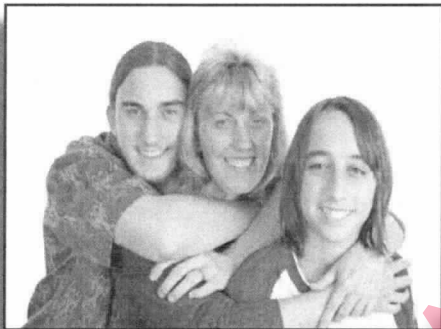


SCCIP



Surviving Cancer Competently Intervention Program

TRAINING SYLLABUS



 The Children's Hospital *of Philadelphia*

Surviving Cancer Competently Intervention Program (SCCIP)

Training Syllabus

Introduction

The Surviving Cancer Competently Intervention Program (SCCIP) is a manualized four session psychological intervention for adolescent cancer survivors and their families (parents, adolescent siblings). SCCIP integrates cognitive behavioral treatment principles within a family systems framework. The intervention is delivered to groups of families during one (weekend) day. SCCIP was evaluated in a randomized clinical trial sponsored by the National Cancer Institute (CA63920; Kazak et al., 1999; 2004). Training materials include this syllabus and powerpoint presentations that correspond to the training modules. Through training exercises, discussion and feedback, interventionists will learn the overarching treatment objectives and competently conduct this manualized intervention.

Trainees should have a basic understanding of current childhood cancers and treatments. They should acquire detailed knowledge of the research literature supporting this work and be conversant with the research literature on the adjustment of children and families to life threatening and chronic illness. Clinically, the training assumes prior competence in general psychotherapeutic techniques and prior clinical experience with children with cancer and their families or related populations. Prior training in cognitive behavioral and family therapy is important. Trainees should read and have good comprehension of the treatment manual prior to beginning training. The treatment manual is essential for training purposes.

The training is divided into two parts - Basic and Advanced.

Basic training

SCCIP interventionists complete 6 two-hour didactic and experiential training modules and supplemental reading (see bibliography). These can be condensed to be offered on two consecutive days (12 hours total training time).

- **Module 1:** Clinical and conceptual underpinnings of SCCIP supporting research
- **Module 2:** Guidance in competently conducting the SCCIP protocol
- **Module 3:** SCCIP Session 1. Identifying Beliefs
- **Module 4:** SCCIP Session 2. ABC Model and Reframing
- **Module 5:** SCCIP Session 3. Multiple Family Discussion Groups
- **Module 6:** SCCIP Session 4. Families and the Future

Advanced training

Additional training, role playing, and supervised practice with the protocol are also necessary prior to serving as an interventionist. The objective is to provide intensive, experiential training to assure treatment fidelity (e.g., therapists are adherent to the SCCIP protocol and competent). In addition to 8 hours (2 hours/week) of training, participants in the Advanced Training program will also attend a SCCIP intervention, first as an observer and then as an “assisting” interventionist for 2-3 interventions prior to assuming primary responsibility for the session.

Training in the advanced program consists of role plays directly from the SCCIP manual and provides practice relevant to all family members (mothers, fathers, siblings, survivors). The trainer provides thumbnail sketches of roles related to each session. The selection of roles is guided by the types of family members and families seen during actual SCCIP interventions. Also included are examples of situations which posed challenges to interventionists during the SCCIP interventions.

Role plays are videotaped, with feedback provided in the training based on replay of the videotapes and group discussion. Common themes include: flexible use of the manual; joining with all members of the group, including adolescent groups; communicating how cancer and its treatment includes a series of traumatic events; eliciting participant narratives related to how their family environments reduce or maintain symptoms of posttraumatic stress; leading conversations that emphasize competence; and supporting the ongoing development of individuals and families.