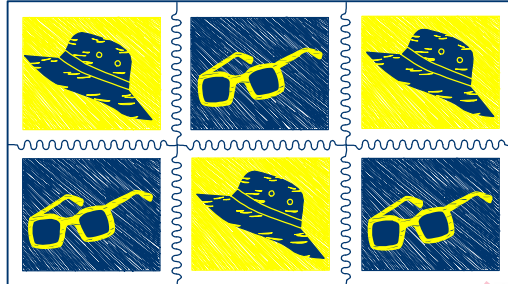


Presentation 1

Sun Safety Introductory Presentation

Project SUNWISE



A Sun Safety Program for Letter Carriers

[1]

Thank the safety captain for introducing you.

Hi, my name is _____ and I'm here today to talk to you about Project Sunwise, a sun safety program for letter carriers.

**Don't let the sun take
a "bite" out of you.**



[2]

We know that you face many dangers on the job, but we don't want the sun to take a "bite" out of you.

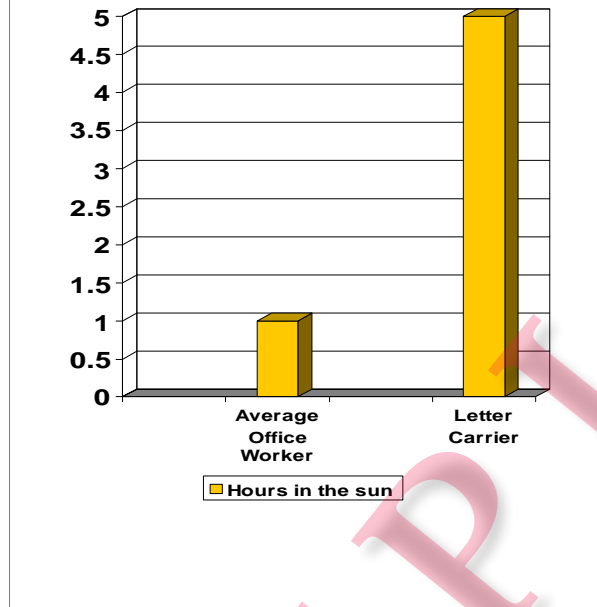
The Problem



[3]

The sun fades your clothing [POINT TO PANTS] and mailbags. As you can see, this belt has served to block the waist of the pants [POINT TO WAIST] from the sun. The sun is also damaging to your skin. Ultraviolet radiation (UVA and UVB) is the primary cause of skin cancer. These rays also cause sunburn, wrinkling, and sagging. The harmful effects add up over time.

Time in the sun



[4]

1 in 5 Americans will get skin cancer. The average office worker is in the sun about 1 hour per day [POINT]. However, letter carriers are in the sun an average of 5 hours per day [POINT]. And the 5 hours do not include time in the vehicle. You get sun exposure even when you're in your vehicle.