

All Sessions Materials List

- Purple file folder with master copies of all handouts and paper doll displays
- Sign-in sheets
- Name tags
- Folders
- Sticky wall (made by spraying glue onto a piece of fabric, see photo)
- Flipchart (one page labeled “similar” and one “different”)
- Markers
- Pens
- Masking tape
- Ground rules
- Chime
- Refreshments (and napkins, cups, etc)



Photo of sticky wall, approximately 10'x10' in total. Various supplies will be stuck onto the wall (and easily removed) during the training.

Session 1 Materials

- Extra copies of pre-workshop survey and consent form
- Handouts (breast health statistics, cervical cancer statistics, risk factors, cancer basics)
- Homework assignment (“talking with a friend”)
- Overview of all four sessions
- Training goals
- Session 1 agenda and learning objectives
- Cards cut into halves
- “Breaking the Silence” video
- TV and VCR or DVD player
- Parts of the LHA bridge, with labels “health care” and “community” (see photo)
- Sentence strips with characteristics of who LHAs are and what they do (see photo)
- Paper doll displays (see photo)
- Colored ½ sheets with the following labels: breast cancer risk factors, cervical cancer risk factors (see photo)
- Blank ½ sheets of paper
- Colored gems (enough to break into 2 or 4 groups)
- Brochure on HPV



Parts of the LHA bridge, with labels "health care" and "community"



Sentence strips with characteristics of who LHAs are and what they do



Paper doll displays (number of dolls indicates incidence, dolls with dots indicate mortality)



Risk factor activity

Session 2 Box Materials

- Handouts (breast anatomy, mammogram, female reproductive system, supportive communication, finding breast and cervical cancer early)
- Lay Health Advising: A Review (handout)
- Pluses and wishes from Session 1
- Session 2 agenda and learning objectives
- Posters of female anatomy and breast anatomy
- Breast models (purchased online)
- Cervical cancer model (purchased online)
- Beaded necklaces
- Mammography films
- Speculum, cytobrush, spatula, glass slides
- Sentence strips (see photo)
- ½ sheets labeled with “breast cancer and mammography,” “cervical cancer and pap screening,” and “both”
- Colored sticks for dividing participants into two groups
- Character scenarios (purple file folder)

A woman can have it and not know
it because there might not be
any symptoms

Family history is a risk factor

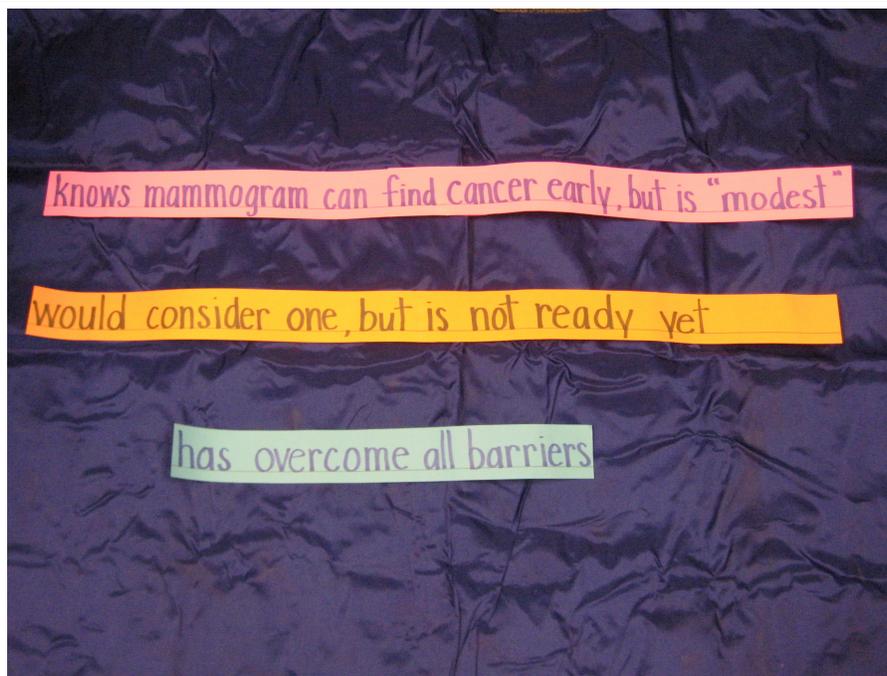
Sentence strips on sticky wall

Session 3 Box Materials

- Handouts (pictures of Susie, Yasmin, and Greta, steps picture, staging handout)
- Lay Health Advising: A Review (handout)
- Homework assignment (provider information)
- Pluses and wishes from Session 2
- Session 3 agenda and learning objectives
- “No way” stop signs, “Maybe” Yield Signs, “Yes” green light signs (see photo)
- Big pictures of Susie Stop, Yasmin Yield, and Greto Go
- Sentence strips with descriptions of Susie, Yasmin, Greta (see photo)
- Scale (2-sided balance)
- Pros and cons (chips)
- Role plays
- Incentives



"No way" stop signs, "Maybe" Yield Signs, "Yes" green light signs



Sentence strips with descriptions of Susie, Yasmin, Greta

Session 4 Box Materials

- Post-workshop survey (handout)
- Pluses and wishes from Session 3
- Session 4 agenda and learning objectives
- The three stage characters (Susie Stop, Yasmin Yield, Greta Go)
- 10 cards containing information about needed resources (see photo)
- 10 cards containing answers to needed resources (see photo)
- Flipchart with lists of types of health care providers that perform CBEs, mammograms, and Pap smears
- Brochures with community-specific provider information
- Community-specific resources
- Community resources puzzle pieces (see photo)
- Role plays (2 copies of each scenario)
- Flipchart prepared for Head, Heart, and Feet
- Graduation form

