



Sun Protection for Florida's Children – Lesson Guidelines

Each of the lessons carried out by the USF research team was created using the Florida's Sunshine State Standards as a guide. At three time points in each year of the intervention (a total of 6), surveys were given to the students. The surveys were typically distributed at baseline, before winter break, and in the spring. During the times where surveys were administered, shorter lessons or other activities were given to the students. On the days that surveys were not given, science lessons/experiments were conducted.

Below is a schedule of the visits made by the USF research team:

Year 1

Visit #1

- Project introduction
- Informed consents were signed
- Surveys given to the students

More Health visits with the schools

Visit #2

- Hat distribution and hat decorating day
- Hat storage

Visit #3

- Surveys given to the students
- Sun handouts and activities done

Visit #4

- Heat Energy lesson



Visit #5

- Surveys given to the students
- The Sun – worksheets and open discussion

Visit #6

- Hat pick up
- Field day activities

Year 2

Visit #1

- Project reintroduction
- Surveys given
- Hat redistribution
- Informed consents signed for new students

Visit #2

- Surveys given
- Skin I'm In Lesson

Visit #3

- UV Lesson

Visit #4

- Prism Lesson

Visit #5

- Surveys given
- Design a Sun Screen bottle handout



Visit #6

- Design a sun screen bottle winner announced

*"Photosynthesis" and "Where is my Shadow" lessons were addition options for schools.