



NATIONAL CANCER INSTITUTE

Division of Cancer Control & Population Sciences

03

Days Until
the New Year!

 **EBCCP**

Evidence-Based Cancer Control Programs



'Tis the season for New Year's resolutions—or at least a solid to-do list. Many people want to eat better and exercise more, and community-based and clinical programs are available to help. The Evidence-Based Cancer Control Programs (EBCCP) website features 96 [diet and nutrition](#) or [physical activity](#) programs that others can learn from and implement in their own setting.

If you need some inspiration, read how two implementers in California delivered Nutrition Pathfinders, a program designed to improve dietary habits and increase physical activity among fourth graders. **Read our case studies from [Riverside County](#) and [Monterey County](#) to learn more.**



Next Issue

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