

Evidence-Based Cancer Control Programs (EBCCP) Connection



February 2021

New Tutorial Video!

The [tutorial video](#) teaches users how to search for programs on the Evidence-Based Cancer Control Programs (EBCCP) website, formerly known as Research-Tested Intervention Programs (RTIPs), and highlights website changes. Sponsored by the National Cancer Institute, the EBCCP website has more than 200 programs across a range of cancer-related health topics. The searchable database includes programs that target behavioral, psychosocial, and policy changes. It also includes tools and materials that program planners and public health practitioners can use to help prevent cancer and support cancer survivors and their caregivers.

Common Use of the EBCCP Website

Are you curious to know how and why people use the EBCCP website? To answer this question, the EBCCP team interviewed experienced users and asked, "What do you typically use the website for?" Answers varied, but the most common uses of the website were for program implementation, project development, and program planning. Users who work at public health departments, universities, and non-profit organizations stated that the evidence-based materials helped guide their program planning efforts. The website's resources also helped these users write grant applications, plan programs for their target populations, and share evidence-based resources with stakeholders. Explore the programs in one of the 13 areas to see how the [EBCCP website](#) can benefit your community and the population you serve:

- Breast cancer screening
- Cervical cancer screening
- Colorectal cancer screening
- Diet and nutrition
- Human papillomavirus (HPV) vaccination
- Informed decision making
- Obesity
- Physical activity
- Prostate cancer screening
- Public health genomics
- Sun safety
- Survivorship and supportive care
- Tobacco control



Insights from the Cancer Control Field

You can view the latest case study narratives today using the links below.

- [The Touch, Caring and Cancer Program in the South Side of Chicago](#)
- [DOSE HPV: Development of Systems and Education for HPV Vaccination in Boston, MA](#)
- [Nutrition Pathfinders in Monterey County, CA](#)

Spotlights

Providing Supportive Care and Improving the Quality of Life for Caregivers, Cancer Patients, and Survivors

Caregivers often experience feelings of helplessness and low self-efficacy when caring for a loved one who is suffering. Often, caregivers do not know how to provide effective care. However, organizations can implement evidence-based programs in their communities to improve the quality of life for cancer patients and their caregivers. The EBCCP website has information about 19 survivorship/supportive care programs. Click [here](#) to find a program to implement in your setting.



Featured Program

The Touch, Caring and Cancer Program

The Touch, Caring and Cancer Program is designed to enhance the quality of life for cancer patients and their caregivers through the use of touch. This self-directed, multi-media instructional intervention, which uses a video, an illustrated manual, and e-books, teaches simple techniques to provide comfort and relaxation in cancer caregiving. The study reviewed by EBCCP team for the program summary showed that the program decreased patient symptom ratings (e.g., for pain and nausea) and increased caregiver self-efficacy. Read the [program summary](#) or [case study narrative](#) to learn more.

Do you have questions about how to implement The Touch, Caring and Cancer Program? [View the program's materials or contact the developer to learn more.](#)

Commonly Asked Questions

What is the purpose of the EBCCP website?

NCI developed the EBCCP website to give program planners and public health practitioners easy and immediate access to evidence-based programs and materials.

Who are the intended users of the EBCCP website?

The EBCCP website provides valuable content to program implementers, program developers, clinicians, researchers, cancer control practitioners, and an array of other users.

Are the programs on the EBCCP website evidence-based and current?

Yes, programs must meet the following eligibility requirements to be included on the EBCCP website:

- The program outcome finding(s) must be published in a peer-reviewed journal.
- The study must have produced one or more positive behavioral and/or psychosocial outcomes ($p \leq .05$) among individuals, communities, or populations.
- Evidence of these outcomes has been demonstrated in at least one study using an experimental or quasi-experimental design. Experimental designs require random assignment, a control or comparison group, and pre- and post-intervention assessments. Quasi-experimental designs do not require random assignment but do require a comparison or control group and pre- and post-intervention assessments. Studies that are based on single-group, pre-/post-test designs do not meet this requirement.
- The program must have messages, materials, and/or other components that include English and can be disseminated in a U.S. community or clinical setting.
- The study has been conducted within the past 10 years.

Next Issue

Share the newsletter with your colleagues and peers and stay engaged with us by subscribing to this newsletter! You can also follow us on Twitter (@NCI_ImpSci) to stay current with EBCCP website updates.

If you no longer wish to stay up to date with EBCCP, you may unsubscribe here: <https://ebccp.cancercontrol.cancer.gov/newsletter.do>

Feedback

We want your feedback! Do you like what you see? Do you have any recommendations to improve the EBCCP website? Do you plan to share the website with your colleagues and peers? [Submit your feedback here](#) — we would love to hear from you.