

## Evidence-Based Cancer Control Programs (EBCCP) Connection



November 2021

November is  
National Family  
Caregivers Month



### Spotlights

The month of November is National Family Caregivers Month, and the [Evidence-Based Cancer Control Programs \(EBCCP\) website](#) features 19 survivorship and supportive care programs. The supportive care programs are designed to provide support for cancer patients and survivors' caregivers. Many of the programs can be delivered in a clinical or home setting and have been implemented in a variety of community types (e.g., rural, urban). You can find these programs at the following link: <https://ebccp.cancercontrol.cancer.gov/topicPrograms.do?topicId=102270>

### Featured Program

Bright IDEAS: Problem-Solving Skills Training

[Bright IDEAS: Problem-Solving Skills Training](#) is designed to reduce the emotional distress in mothers of children recently diagnosed with cancer. This coping skills training teaches a five-step, problem-solving approach that is applicable to situations commonly encountered during pediatric cancer treatment. The Bright IDEAS program showed improvements in various problem-solving skills and mood and stress symptoms. Read the [program summary](#) to learn more.

Do you have questions about how to implement Bright IDEAS: Problem-Solving Skills Training? [View the program's materials or contact the developer to learn more.](#)

### Insights from the Cancer Control Field

You can view the latest case study narratives today using the links below.

[Case Studies: Insights from the Cancer Control Field | Evidence-Based Cancer Control Programs \(EBCCP\)](#)

### Resources for Adaptation and Implementation

If you are looking for additional implementation resources, view the following linked documents.

[Putting Public Health Evidence in Action:](#)

- The Cancer Prevention and Control Research Network (CPCRN) has created an interactive training curriculum to support community program planners and health educators in developing skills in using evidence-based approaches.

[Resources For Stakeholder & Community Engagement:](#)

- This tool, prepared by the Consortium for Cancer Implementation Science Community Participation Capacity Building Task Group, includes readings, trainings, guidance, tools, and resources to facilitate researchers and community stakeholders in their efforts to practice meaningful, community-engaged implementation science.

[Evidence-Based Intervention Planning Guides for Health Care Providers:](#)

- This resource includes four evidence-based intervention planning guides that provide tips to help clinic staff and those who provide technical assistance to them to implement evidence-based interventions to increase screening for breast, cervical, and colorectal cancers.

### Next Issue

Share the newsletter with your colleagues and peers and stay engaged with us by subscribing to this newsletter! You can also follow us on Twitter (@NCI\_ImplSci) to stay current with EBCCP website updates. updates.

If you were sent this newsletter by a peer, you may subscribe here:

<https://ebccp.cancercontrol.cancer.gov/newsletter.do>

If you no longer wish to stay up to date with EBCCP, you may unsubscribe here:

<https://ebccp.cancercontrol.cancer.gov/newsletter.do>

### Feedback

We want your feedback! Do you like what you see? Do you have any recommendations to improve the EBCCP website? Do you plan to share the website with your colleagues and peers? [Submit your feedback here](#) — we would love to hear from you.