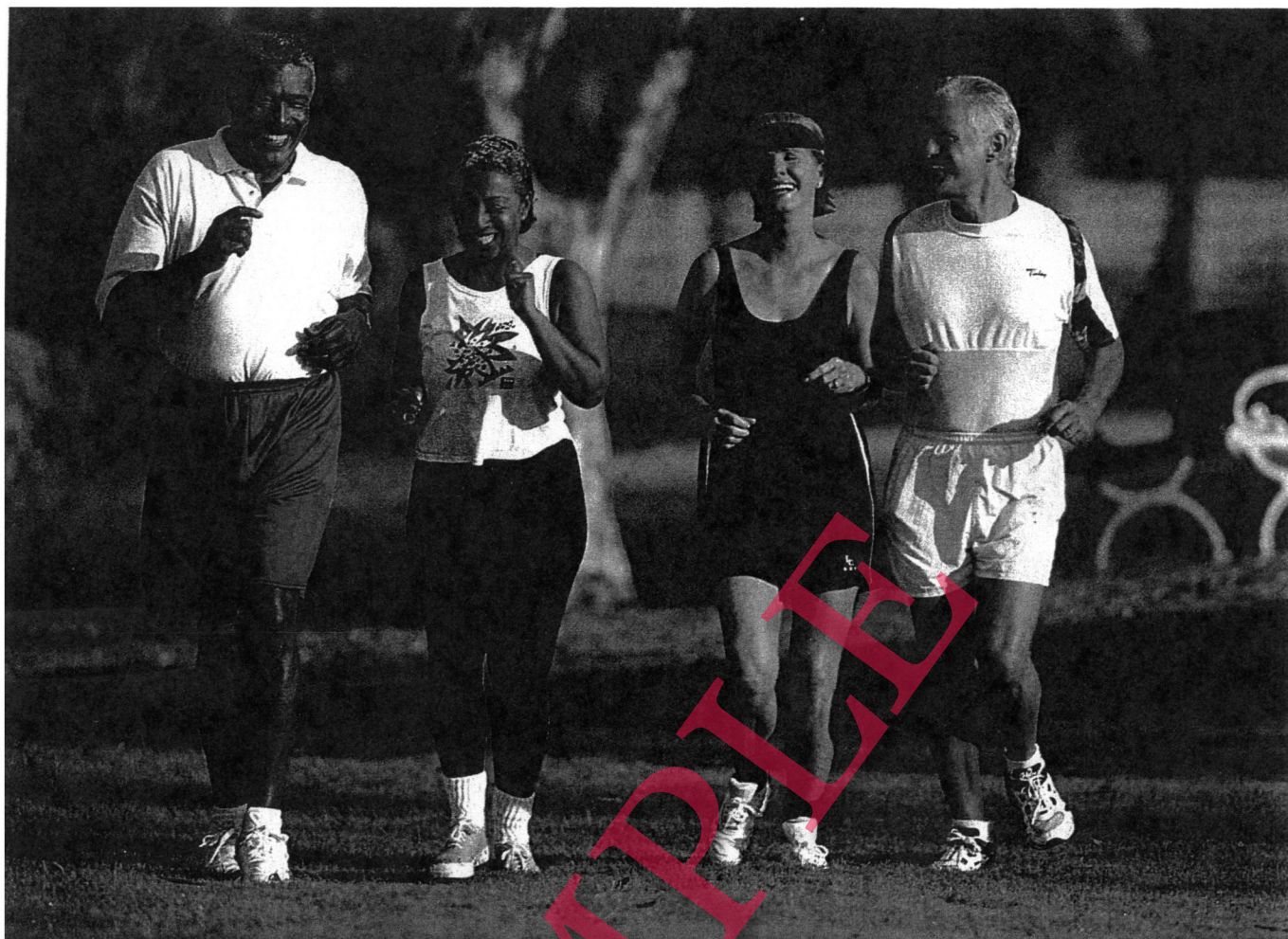


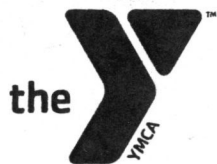


THE COACH APPROACH®

AN EXERCISE SUPPORT PROCESS

IMPLEMENTATION HANDBOOK FOURTH EDITION

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