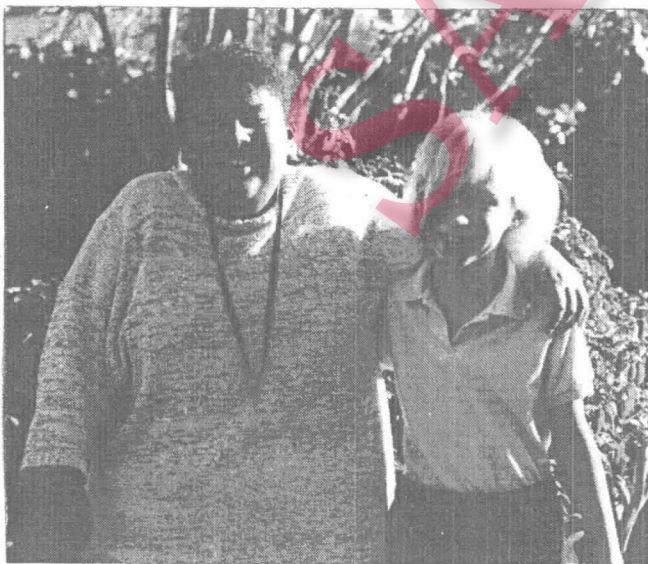




Introduction to Child and Adolescent Obesity

**Course Syllabus
and
Self-Assessment**



**Department of Family
and Community Medicine**

UCSF

**University of California
San Francisco**

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Course Objectives

Participants will be able to:

- describe the broad range of biopsychosocial contributors to childhood and adolescent obesity.
- identify the psychosocial disadvantages and medical risks of childhood and adolescent obesity.
- identify and apply to case studies procedures for assessing obese adolescents and their families, including evaluating the psychosocial and medical significance of the obesity and the somatic, psychological, behavioral, familial and sociocultural contributors.
- discuss emerging understandings of pediatric obesity treatment and apply them in developing goals and care plans for case studies.

WELCOME TO

INTRODUCTION TO

CHILD AND ADOLESCENT OBESITY

To receive credit for this course, please complete the following steps:

1. Save the box these tapes were shipped in.
2. Read the syllabus.
3. View the videotape and complete the assessments for Eric and Suzanne.
4. View the self-assessment case, Lisa, at the end of the videotape.
5. Develop a written case assessment as described at the end of this syllabus (usually requires 3 to 6 pages single spaced).
6. Complete the course evaluation.
7. Place the tapes, course evaluation and self-assessment into the box and return them to:
BALBOA PUBLISHING
1323 San Anselmo Ave.
San Anselmo, CA 94960

NOTE: Continuing education credit and notification of completion of the course will not occur until the tapes have been received by the CAO.

After your self-assessment has been reviewed to determine that the course's instructional objectives have been met, you will be registered at the CAO as having completed this training.

To receive BRN, ADA or CME (Category 1) credit, just check the appropriate box on your self-assessment form. This course has been approved for 6 hours of credit.

You will receive a letter from the CAO to confirm that you have completed the course, received continuing education credit and are eligible to complete the advanced training. Allow 6 weeks for receipt of this letter.

PLEASE ENJOY THE COURSE!