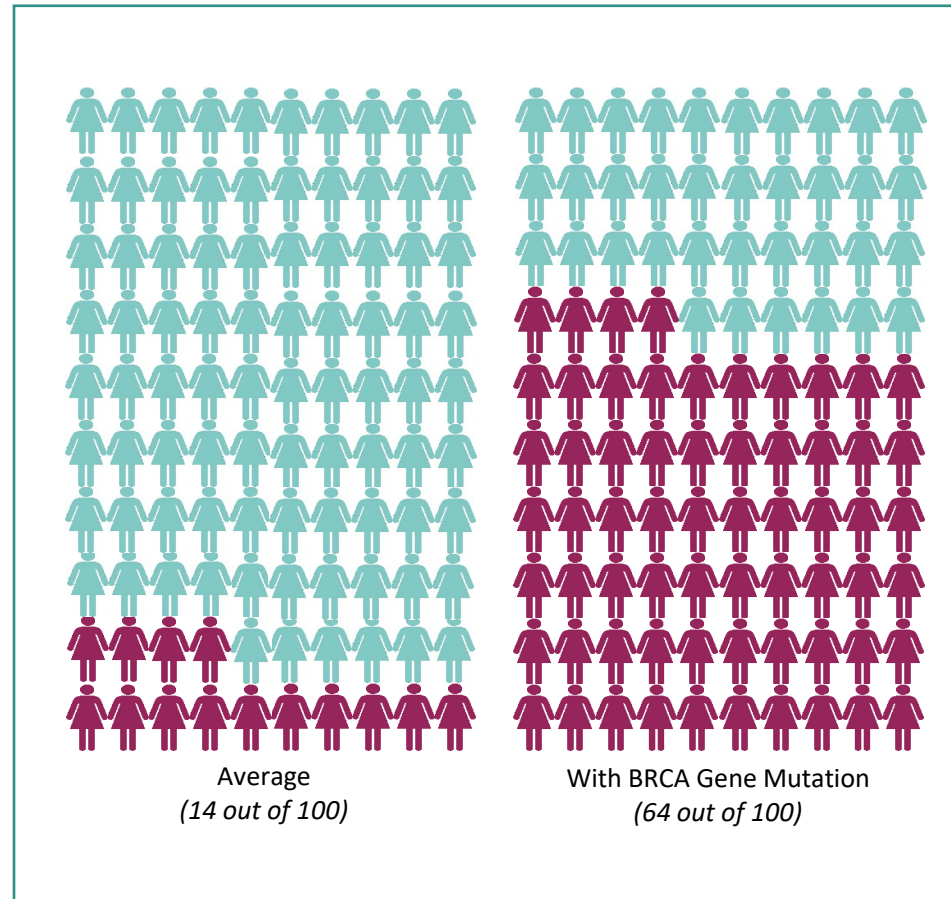
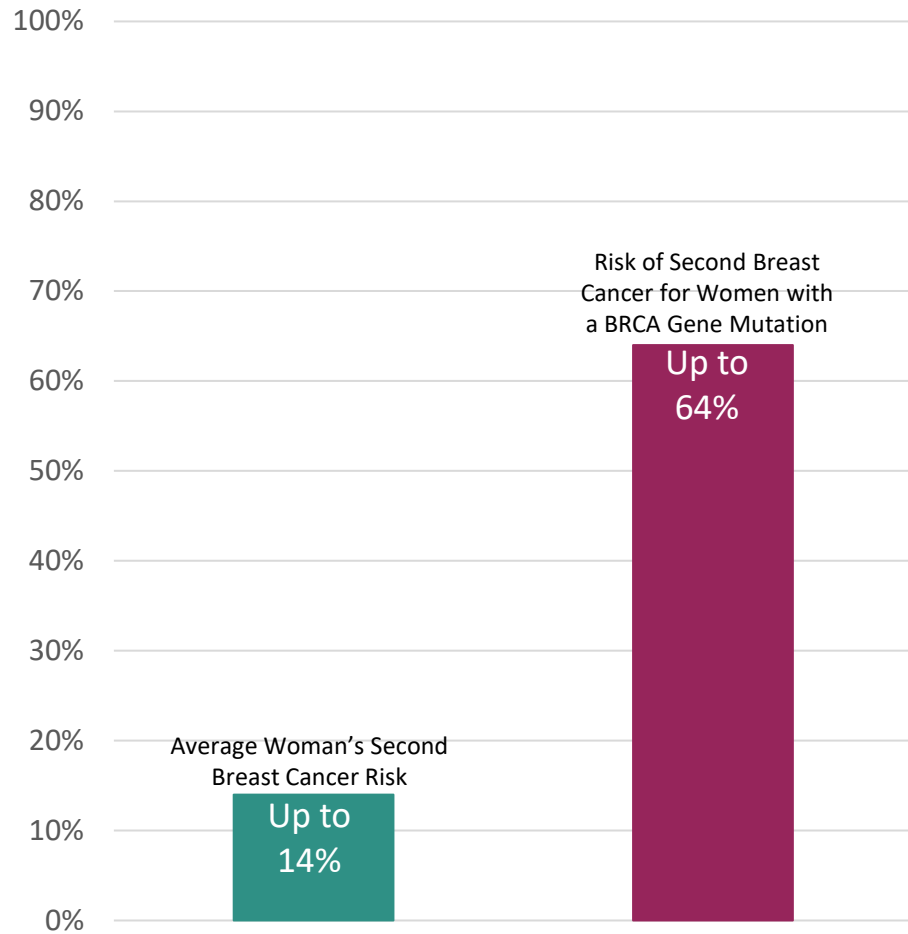


For Women at Increased Risk for Hereditary Breast and Ovarian Cancer

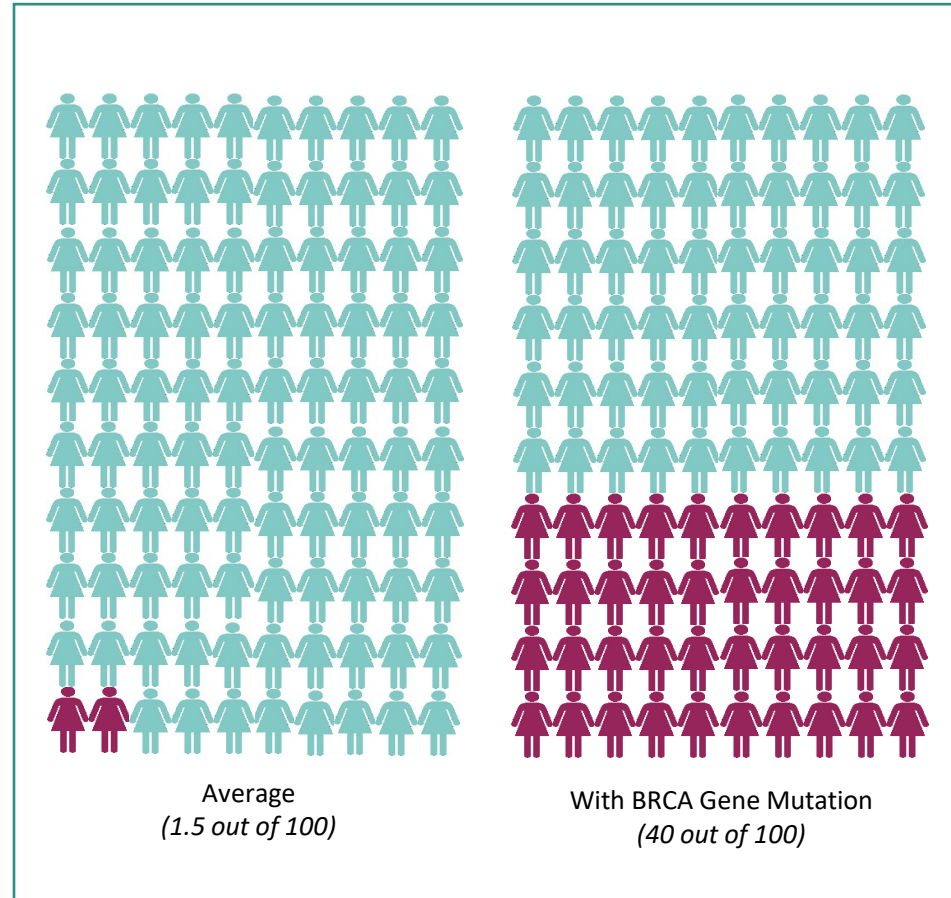
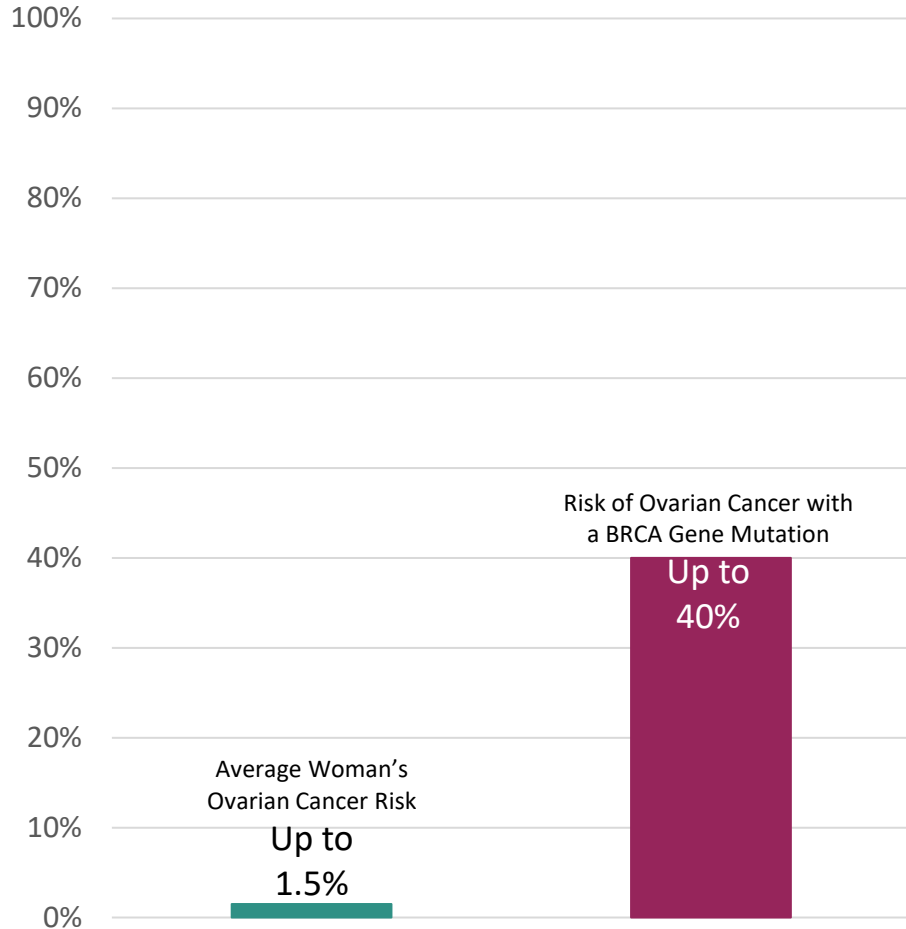


Information for:
[NAME]

Risk for Second Breast Cancer



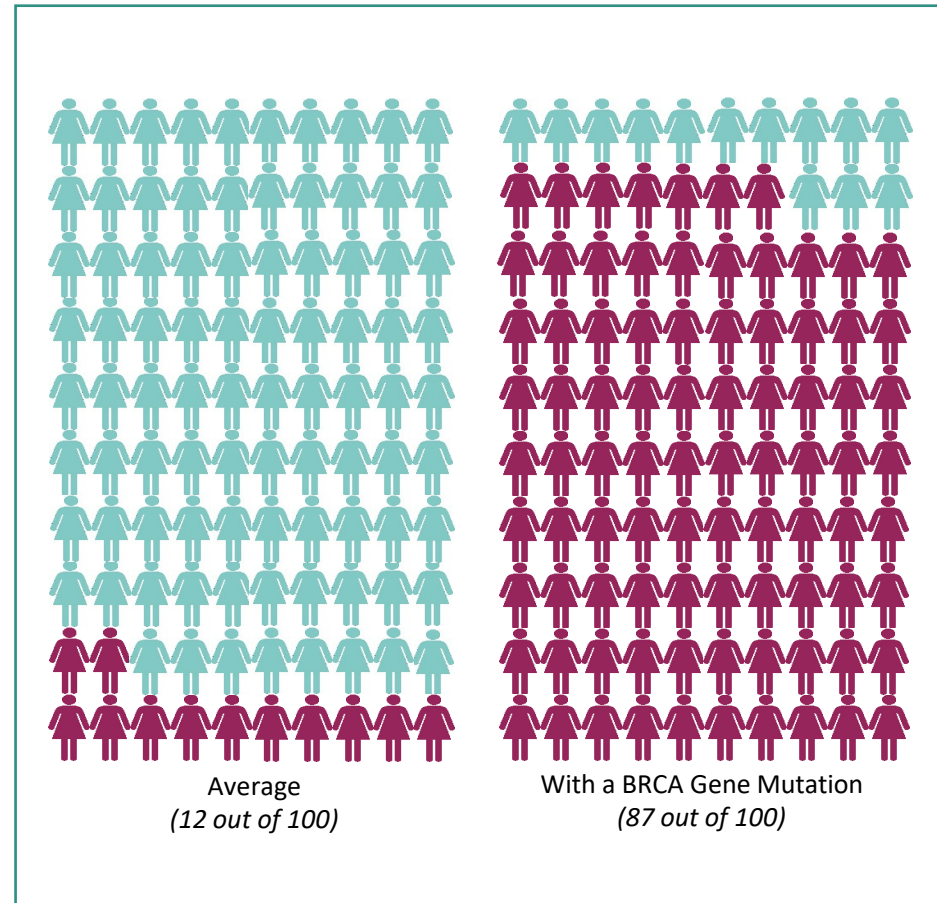
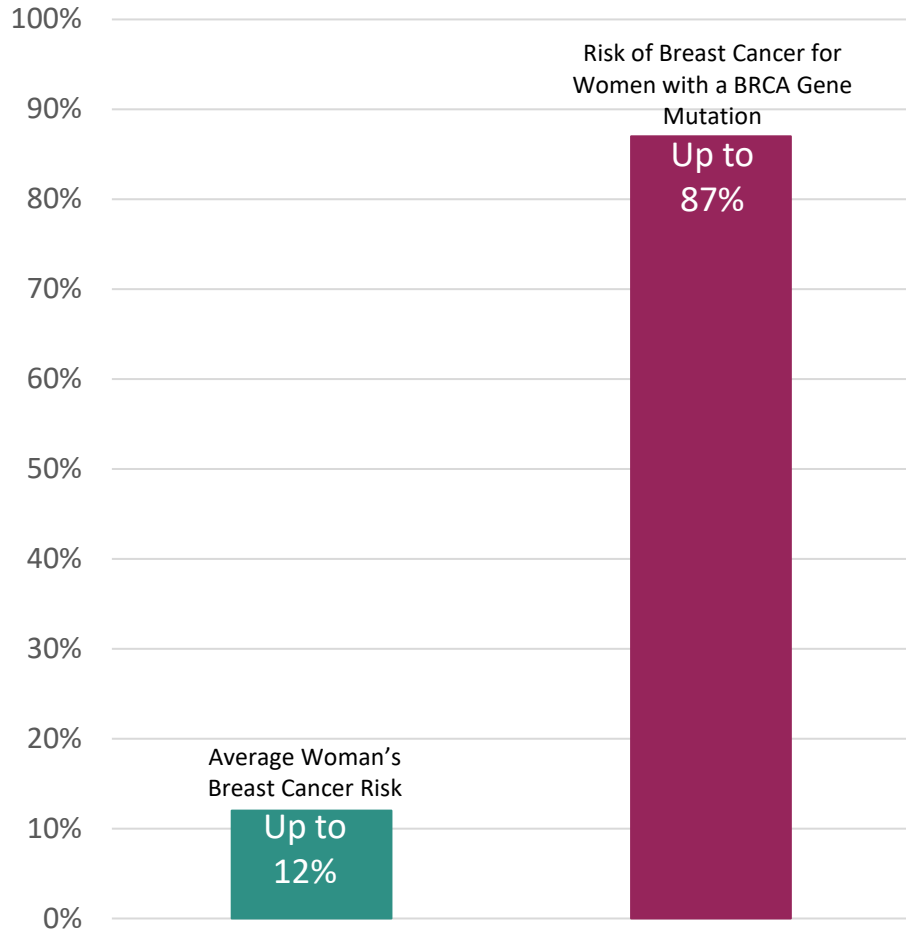
Risk for Ovarian and Other Cancers



Men and women with genetic mutations may also be at risk for other cancers such as:

- Pancreatic cancer
- Melanoma (skin cancer)
- Stomach cancer
- Male breast cancer
- Prostate cancer

Risk for First Breast Cancer



What do people do with this information?

Early detection? Prevention? Support? Lifestyle?

Cancer genetic risk assessment is the first step in finding out about your and your family's risk of hereditary cancer



Cancer genetic risk assessment can help you and your family:

- Learn about your risk for Hereditary Breast and/or Ovarian Cancer and other cancers
- Take steps to reduce your and your family's risk for cancer
- Make informed choices about your health
- Make a decision about genetic testing
- Address your fears and concerns

Is your genetic information safe?

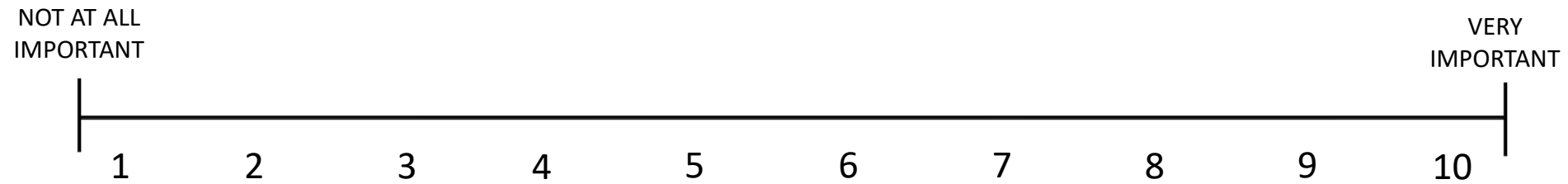


The **Genetic Information Nondiscrimination (GINA) Act** protects your genetic information.

- Employers and health insurance companies **CANNOT** discriminate against you based on your genetic information.
- Genetic information includes genetic test results from you or your family.

You can join in research that involves genetic testing without discrimination from employers or health insurance companies!

How important is it for you to get a cancer genetic risk assessment in the next 6 months?



What are your important reasons for getting cancer genetic risk assessment?

1.

2.

3.

How ready are you to get a cancer genetic risk assessment in the next 6 months?



People who are *not at all/a little ready* sometimes use these steps

- Talk to spouse/family
- Connect with someone who has had CGRA
- Make a list of pros and cons, and discuss with friends and family
- Find out more about CGRA

People who are *somewhat ready* sometimes use these steps

- Have the cancer education specialist provide a referral to a cancer risk specialist
- Search for answers to relevant questions
- Talk to someone who has already had CGRA

People who are *very ready* sometimes use these steps

- Have the cancer education specialist provide a referral to a cancer risk specialist
- Make an appointment to meet with a cancer risk specialist
- Arrange schedule (time off from work, childcare, etc.)

What is my Action Plan?

What are important things for you to address before getting a CGRA?	What can you do to address this?	When will you do this?
1.	1.	Date:
2.	2.	Date:
3.	3.	Date: