



A UCSF/Kaiser Permanente Collaboration

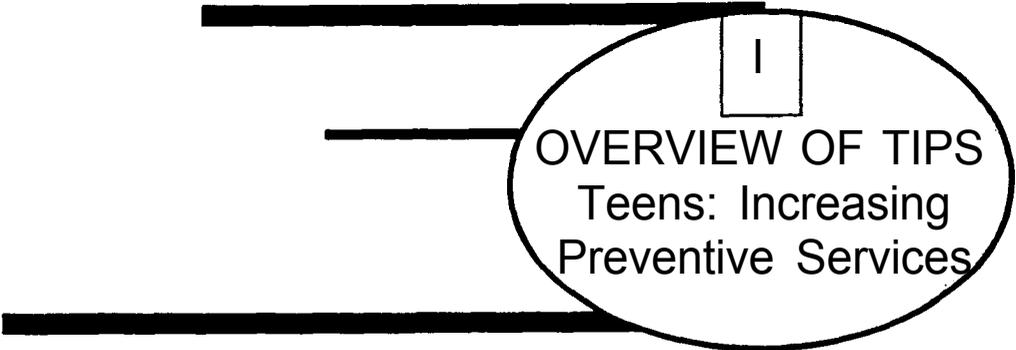
Supported by the Agency for Healthcare Research and Quality (AHRQ)
Department of Health and Human Services

**Teens:
Increasing Preventive
Services**

Provider Training Workshop

November 16, 2002

**Kaiser Permanente, Fresno
Department of Pediatrics**



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OVERVIEW OF TIPS
Teens: Increasing
Preventive Services

Agenda

Acknowledgements

Panel Members

TIPS Study Team

Study Directory

Background of Study

TIPS Overview



**TIPS Provider Training Workshop
Kaiser Permanente, Fresno Pediatric Clinic
Agenda**

Morning Session

8:30am-12:15pm

Sign in and Refreshments

Welcome and Introductions

Background and Overview of TIPS Study

Adolescent Health Statistics in Kaiser, Permanente and the U.S.

Adolescent Development

Key Principles for Conducting a Clinical Interview with Adolescents

BREAK

Confidentiality

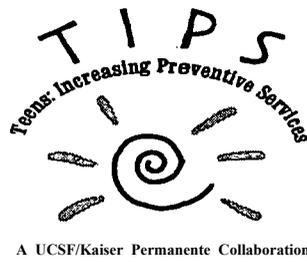
SUPPORT: Guidelines for Preventive Services Interview with Adolescents

Interviewing Adolescents About Substance Use

Group Practice Interviews

LUNCH

12:45pm-1:00pm



Afternoon Session

1:00pm-5:00pm

Interviewing Adolescents About Safety

Interviewing Adolescents About Sexual Behavior

Putting it All Together: Prioritizing the Adolescent Visit
 Educating Adolescents about Utilizing the Kaiser System

BREAK

Practice Adolescent Interviews

Wrap up and Question & Answer

EXAMPLE



A UCSP/Kaiser Permanente Collaboration

**TIPS PROVIDER TRAINING WORKSHOP
KAISER PERMANENTE, FRESNO
NOVEMBER 16, 2002**

**FUNDED BY THE AGENCY FOR HEALTHCARE RESEARCH AND QUALITY (AHRQ),
DEPARTMENT OF HEALTH AND HUMAN SERVICES
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WE APPRECIATE THE VALUABLE CONSULTATION, INPUT, AND INSIGHTS OF:

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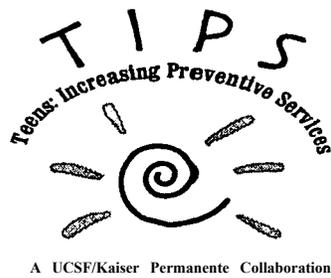
FOR THEIR SKILLFUL WORK COORDINATING, EDITING, AND ORGANIZING MATERIALS FOR
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TIPS Study Team

UCSF/KAISER PERMANENTE RESEARCH TEAM

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Background of Study

- 1** Historical Absence of Prevention in Medical Settings
- 2** Introduction of Clinical Guidelines to Facilitate Clinical Preventive Services (CPS)
- 3** Kaiser Issued Clinical Guidelines with Section on Adolescence
- 4** HEDIS Guidelines
- 5** Lack of Data on Implementation or Effectiveness of Guidelines
- 6** UCSF/Kaiser Study of a Model for Implementing CPS Guidelines
- 7** Agency for Health Care Research and Quality (AHRQ) Funds UCSF-Kaiser



BRIEF OVERVIEW OF TIPS—Teens: Increasing Preventive Services

- Goal: Integrate a system for implementing clinical preventive services with adolescents to make the brief clinical visit more efficient and effective for teens.

- 6 Target Areas:
 - Sexual Behavior
 - Substance Use: Tobacco
 - Alcohol
 - Drugs
 - Safety: Seatbelts
 - Helmets

- 13-17 Year Olds

- Training

- Tools

- 4 Clinics—2 Intervention & 2 Comparison



TIPS Study Timeline

PHASES	INTERVENTION SITES	COMPARISON SITES
PHASE I BASELINE <i>(Sept. 2001- Dec. 2001)</i>	SURVEY ADOLESCENTS	SURVEY ADOLESCENTS
PHASE II TRAINING <i>(Dec. 2001)</i>	TRAINING	
<i>(Dec. 2001- April 2002)</i>	SURVEY ADOLESCENTS	SURVEY ADOLESCENTS
PHASE III TRAINING AND TOOLS <i>(May 2002)</i>	TRAINING AND TOOLS	
<i>(June 2002- Oct. 2002)</i>	SURVEY ADOLESCENTS	SURVEY ADOLESCENTS

This UCSF/Kaiser Permanente Collaboration is
Created by the Agency for Healthcare Research and Quality

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OVERVIEW

We are excited to be collaborating with you on the TIPS–Teens: Increasing Preventive Services study! The goal of TIPS is to facilitate the implementation of clinical preventive services for adolescents in Kaiser Permanente pediatric clinics. We will be working with two pediatric clinics: Pt. West Sacramento and Stockton. We also have two clinics where we will not be facilitating the implementation of clinical preventive services with adolescents. The evaluation includes looking at changes in your clinic as you work with teens and address their risky behaviors.

Implementing clinical preventive services involves the whole system. Successful implementation will include increases in the delivery of preventive services for adolescents throughout the clinic. This will require the participation of clinicians, staff, adolescents, and their parents.

The Kaiser Clinical Practice Guidelines for adolescents target 9 content areas. TIPS will focus on the following 6 of the 9 Kaiser priority areas:

- **SUBSTANCE USE:**
TOBACCO
ALCOHOL
DRUGS
- **SEXUAL BEHAVIOR**
- **SAFETY:**
HELMETS
SEATBELTS

What is included in TIPS?

- Provider Training Workshops
- Risk Assessment Tools
- Charting Tools

What is the goal of TIPS?

The goal is to increase your ability to integrate preventive services into adolescent patient visits as efficiently and effectively as possible.

Who participates in TIPS?

TIPS will be system-wide and will be for all providers who see teens in your clinic.

Which patients will participate?

All 13-17 year old patients seen in your clinics for well visits and sports physicals will benefit from the intervention.