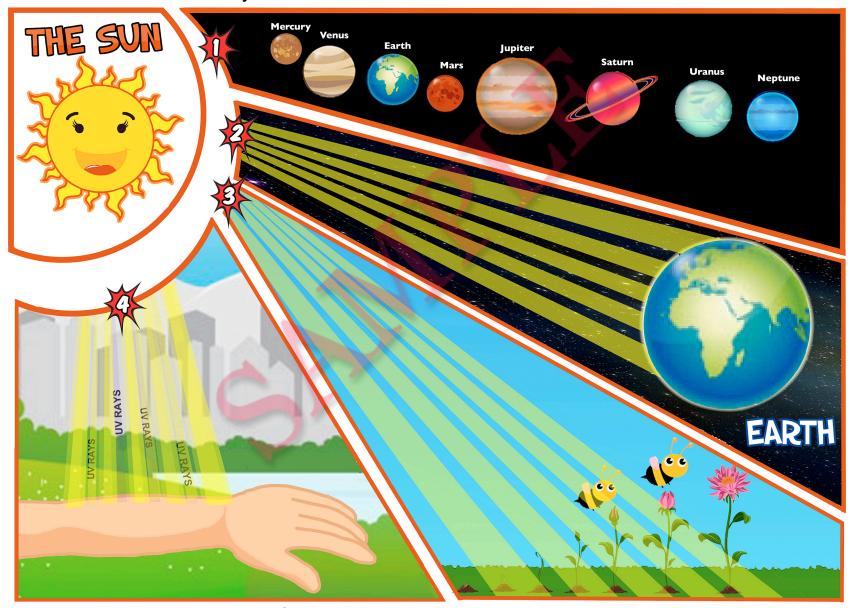


Learn How to Be Sun Safe!



The Sun is a giant star at the center of our solar system. Its sunlight is needed for life on Earth by giving us warmth. It supports life by helping plants to grow. Plants then become food for animals. Sunlight has light rays that help us see, but it also has rays that we cannot feel or see called ultraviolet (UV) rays.



We need to protect our skin from UV rays because they can make our skin unhealthy.