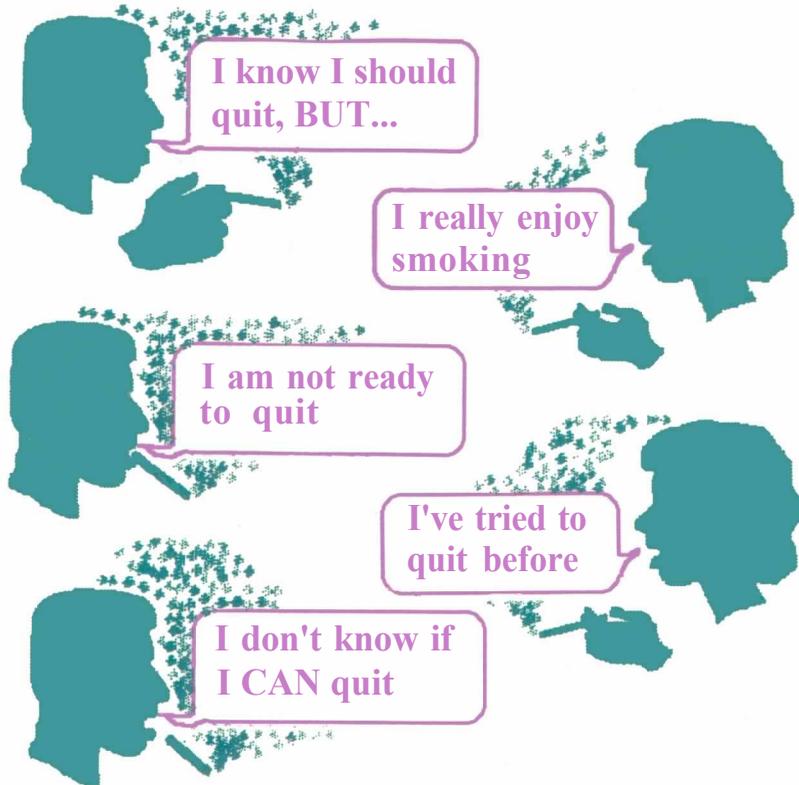


Does this sound familiar?



I know I should quit, BUT...

I really enjoy smoking

I am not ready to quit

I've tried to quit before

I don't know if I CAN quit

Your Doctor can help!



Physician Counseling Smokers is funded by The National Cancer Institute, grant number PO1CA50087.

Thinking about quitting?



Everybody's
doing it!



It'll make my
family happy!



What if I don't
succeed?



How do I handle
smoking urges?

Your Doctor can help!



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