

FOLLOW - UP LETTER TO ALL SMOKERS

Dear _____ ;

Your last visit to my office was an important one. We talked about your smoking, its effect on your health and your willingness to try to quit. This note is to let you know that my office staff and I stand ready to support your efforts to quit.

When you stop smoking, important health benefits can be achieved even if you were a heavy or long-term smoker. Within a brief period of stopping smoking, many of the signs and symptoms associated with smoking, such as coughing, shortness of breath and upper respiratory tract infections will be decreased. For individuals who have already developed these diseases, the risk of additional problems will be reduced.

Please call _____ , our Office Smoking Intervention Coordinator. Many resources are available to help you in your efforts to stop smoking. As your physician, I encourage efforts you make and stand ready, with my office staff, to support you all the way. Good Luck!

Sincerely,

(Physician's Name)





Y 1 2 3