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# How To Get Your Mammogram

## If you have a doctor:

1. Call your doctor and ask for a mammogram.
  - Your doctor will tell you where to get a mammogram nearby.
  - You may also need to go to the doctor's office for a breast exam.
2. Go get the mammogram.
3. Get the results from your doctor.

## If you do not have a doctor:

1. Call the Michigan Division of the American Cancer Society (800-227-2345). Tell them that you want a mammogram and don't have a doctor.
  - They will tell you about places near you that offer mammograms.
  - They can help you find a doctor in your community.
2. Call a mammogram facility or a doctor and ask for a mammogram.
  - If the facility does not have a doctor on site, they will help you find one.
  - The doctor will tell you where to get a mammogram. The doctor will probably want to see you to learn about your health.
3. Go get the mammogram.
4. Get the results from your doctor.

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## If You Have Questions About Mammograms

- For questions about your need for a mammogram, call your doctor.
- For general questions about screening mammograms, call the Michigan Division of the American Cancer Society at 1-800-227-2345.
- For questions about your Medicare coverage, call Michigan Medicare at 1-800-482-4045.